

AVIATOR SOCCER OPERATING GUIDELINES FOR COVID-19

General Considerations

- Notify participants, prior to any in-person programming, about the cleaning process being implemented at the rink and additionally by coaches and administrators.
- Host an online meeting with the families to run through plans and allow them to ask questions as it relates to
 - What they can expect
 - Planning for the first session
 - Precautions being taken to keep the facility clean and safe
- Share our facility's protocol for pacing/limiting the number of patrons entering at one time
- Communicate and follow the guidelines for the number of people that are allowed to be on the field at one time.
- Participants with risk factors or illnesses should not attend in-person training and ice sessions.
- Participants with symptoms or signs of illness are strictly advised not to enter the premises and to seek medical assistance.
- A coach should be prepared to require that a player exhibiting signs or symptoms of illness will need to leave practice (this applies in the same way as a suspected concussion).
- Programs or coaches can send a short one-page flyer based off CDC medical recommendations about expectations, self-monitoring for symptoms of illness, the players should stay home if they have any symptoms and that coaches will remove players if they exhibit any symptoms.
- Patrons must register and pay online prior to arriving. No Aviator personnel will be available in the facility for these purposes.
- Players will not be penalized for missing training sessions.

- Aviator will ensure that appropriate infection prevention supplies (i.e. hand sanitizer, facial tissues, facial coverings) are present in multiple targeted areas. Tissues, wipes or disposable gloves must be properly disposed in the appropriate receptacles.
- Aviator will post approved signage reminding people of social distancing requirements and other appropriate COVID-19 precautions.
- Players are not required to wear masks while engaging in training sessions, but must wear masks while entering and leaving the facility.
- Coaches must wear masks whenever they are within 6 feet of a player. We expect that coaches will maintain 6 feet distance except under unusual circumstances that may require closer contact, such as if a player is injured or needs help with equipment.

Arriving at Training Sessions

- Each session will have a designated time for arrival. There will be a 15-minute time period that players will have to arrive. If players miss their time slot they will not be allowed into the rink – they will have missed the session.
- Coaches and players must answer COVID-19 questionnaire and have temperature check.
- Number of participants will be limited to 10 players and 2 coaches at any one time.
- Players need to bring and label their own water bottles and towels. No sharing of water and towels.
- Players must bring their own personal equipment (cleats, balls, shin guards). Players may not lend or share personal equipment with each other.
- Only coaches are allowed to handle disks, cones, nets and other field equipment.
- If a player does not have all of their personal equipment, they will not be allowed to participate and must leave the area to wait for pickup or equipment drop-off.
- Locker rooms will be closed. Players must arrive dressed, including cleats.
- All practices will be outdoors. No indoor practices.
- If portapotties are provided, only one player will occupy a portapotty at a time. No lining up to use portapotties. If no portapotties are provided, players will be able to use

rest rooms in the main building, but only one at a time will be permitted into the building. Portapotties and rest rooms will be cleaned after each practice if used.

- Separate gates will be used as entrance to and exit from the fields. Markers will be placed at the exits and entrances at 6 feet intervals to help the players maintain social distance.
- Parents should not accompany players to the entrance. No spectators. Parents will wait in their cars during practice.
- Parents who have questions should use email or telephone. They will not be permitted to talk directly to coaches at the entrance or at training sessions.
- Promote strict hand hygiene (hand-washing and sanitizer dispensers) before and after training.
- Players need to be prepared to disinfect their equipment (balls) immediately after use.

On-Field Practices

- Practices will involve only non-contact, non-competitive, socially distanced skills training.
- Participants will not be dispersed through the facilities. Hockey participants will enter and depart directly into Rink B and conduct all of their activities there.
- Only one group of participants would be on premises at the same time.
- Players and coaches must observe social distancing recommendations while on the field -- 6 feet social distance to be enforced at all times.
- Avoid using benches.
- There will be no games or scrimmages, only practice and skills sessions where social distancing will be adhered to.
- When designing practice, utilize station-based practices and have players/coaches spread around to maintain needed physical distancing.
- When conducting drills that require players to stand in line, use especial care to ensure that players maintain proper social distance.

- Avoid chalk talk sessions where players could congregate.
- Utilize non-contact drills.
- Coaches need to be cognizant to avoid talking within close proximity of players' faces.

After Training Sessions

- Participants should leave the facility immediately after practice is over, using the gate marked exit.
- Participants should maintain social distancing while leaving the facility.
- Wash clothes with high temperature after each training session.
- Once session is finished Aviator will clean and sanitize all field equipment before the next session begins.